



Gateway Gazette

Martial Arts



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www.gateway-martialarts.com

54th Edition

Promotion Test



The following **Gateway**
Students attended the
December 10th, 2011
Belt Test:

Zion Taylor, William Mosley, Nelson Rogers, Elijah Fredrick, Amos Dyett, Dontes Dyett, Aileen Lopez, Maahi Parikh, Devin Morrison, Samantha Luft, Ina Satpathy, Raine Bass, Theo Lopez and Adamaris Maganda

Congratulations!

Gateway Hanmudo/Hapkido
Black Belt Test
December 24, 2011

Master Chaplin, fellow Instructors and students came together to observe and assist Solomon Williams in accomplishing his goal of achieving the level of Black Belt.





Master Chaplin's Corner



Hanmudo /Hapkido News



Solomon Williams
Black Belt Test
December 24, 2011

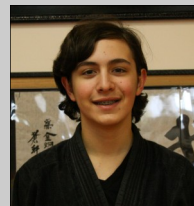


Gateway Students perform in a Theatre Project Presentation of "Beauty and the Beast"



Brandon Ybarbo
Played the Hat
Seller/ Plate

Seth Grady played
the Baker/Sparkle



Joseph Swift played
Villager/ Monsieur
D'Arque/Sparkle

Congratulations to our Gateway Students for their participation in the Theatre Project Footlights Presentation of Disney "Beauty and the Beast Jr" at the Mable House Art Center in November 2011. The Production was a great success and enjoyed by the community at the Mable House Barnes Amphitheatre in Mableton.



"Without hard work, nothing grows but weeds"
Gordon Hinckley



Editors Corner



By Master Betty Amodeo

Advancement in Martial Arts

Sometimes parents and students ask the instructors "What do I need to do to move to the next belt". The student had learned all the new techniques required to advance and attended enough classes to be promoted so "what is the hold up?" is often the question asked by the motivated student. Martial Arts is not just about learning correct technique. That *is* the foundation sought after by studying the art, but there is more to being successful at martial arts. It is about being able to apply the information gathered in class. The student must be able to; 1. Be aware of self and surroundings 2. Monitor technique 3. Apply the technique effectively.

Before the student can do any of the above, he/she must have the right attitude. Attitude can be the difference between accomplishing a goal or not. The Black Belt Attitude we hope to foster at this school is based in a solid foundation of self awareness and desire to improve oneself. That attitude encourages growth in all aspects of life. So basically, information is worthless if we don't know how to apply what we have learned. So ask yourself as a student of martial arts....what am I doing with the information I am gathering? Am I more worried about a piece of cloth around my waist or do I really want to learn how to be effective with the information? The only person in control of your attitude is you...

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Private classes

Private classes are still being taught on Friday afternoons. See **Master Ogle** for scheduling if you are interested.

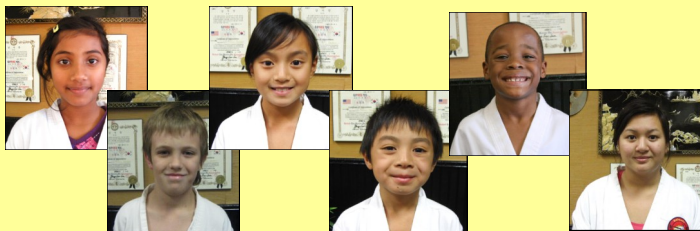
Classes are **30 min. long** and are **\$20.00 per class**. You select the areas you want to improve in: fighting, forms, self-defense, strength, overall technique.

Parents Night Out

Please come join the fun on **Parents Night Out!** The next one will be posted on the sign up sheet in the lobby. Lauren Edwards continues to host this event one Saturday a month.

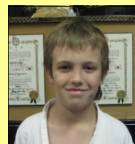
Students with top Attendance Congratulations!

November 2011



Left to Right: Meena Satpathy Alex Stack, Jennifer Nguyen, Danny Nguyen, Matthew Long and Trinh Nguyen

December
2011



Alex Stack
and
David
Wilkerson



School Updates



Taekwondo Birthday Parties

Now offered at Gateway.

Contact Lauren Edwards @ 678 858-1273



The next Belt Test will be on
Saturday February 18, 2011



Tournaments:

Atlanta Challenge on Jan. 21st at Mt. Zion High School

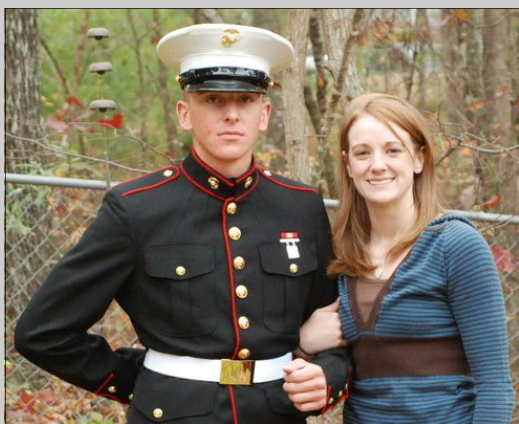
Contact: masterjoaquin@gmail.com 770 301-6344

Winter Battle on Feb. 11th at Ringgold, GA

Contact: winterbattlekd@yahoo.com David Kemp 423 316-9627

GATEWAY GAZETTE

Christmas Cards for US Soldiers



Gateway Students created Christmas Cards for a group of Soldiers in Afghanistan this holiday season. Lauren Edwards has a brother, Jon, in the Marines there (pictured left). He will help to distribute the 60 cards that were created. Great way to share the holiday spirit!

Happy Holidays!

Produced by
pancake productions

